

HUBBARD COMMUNICATIONS OFFICE
Saint Hill Manor, East Grinstead, Sussex

Remimeo
Class 0-IV

HCO BULLETIN OF 8 AUGUST 1971
ISSUE II

(HCO BULLETIN OF 24 JANUARY 1969 REVISED)

SUB-ZEROS - TRIPLE GRADES
LOWER LEVELS - TRIPLE GRADES

Org _____

Auditor _____ Pc Name _____

Case Super _____ Date _____

Note: This HCO B is to be used ONE FOR EACH PC as a checksheet for that pc and belongs in his/her folder. IT IS DONE DURING session, not filled in after.

Triple Grades depends upon the three primary flows: In-Flow, Out-Flow, and Cross-Flow. These are designated respectively: F1, F2, and F3.

Each Grade is now followed by a Havingness process. Processing deletes unwanted mass. Havingness restores the mass "desired" and eventually brings one up to not needing it. Each grade is complete when it's Havingness processes have been run to FN after all flows of all processes here listed for that grade have been run each to FN.

TRIPLE RUDS RUN

in this or an earlier session

Rud flown this session

Auditors
Initials

To FN _____

To FN _____

STRAIGHT-WIRE' TRIPLE

SW F1: 1. Recall a time that was really real to you.

Tell me about it.

To E/P _____

2. Recall a time you were in good communication with someone.

Tell me about it.

To E/P _____

3. Recall a time you really felt affinity for someone.

Tell me about it.

To E/P _____

4. Recall a time you knew you understood someone.

Tell me about it.

To E/P _____

- SW F2: 1. Recall a time that was really real to another.
Tell me about it. To E/P _____
2. Recall a time someone was in good communication with you.
Tell me about it. To E/P _____
3. Recall a time someone really felt affinity for you.
Tell me about it. To E/P _____
4. Recall a time another knew he/she understood you.
Tell me about it. To E/P _____
- SW F3: 1. Recall a time that was really real for others.
Tell me about it. To E/P _____
2. Recall a time another was in good communication with others.
Tell me about it. To E/P _____
3. Recall a time another really felt affinity for others.
Tell me about it. To E/P _____
4. Recall a time another knew he understood others.
Tell me about it. To E/P _____

- Havingness: SWH F1: Look around here and find something that is really real to you. To E/P _____
- SWH F2: Look around here and find something that would really be real to another. To E/P _____
- SWH F3: Look around here and find something that would be really real to others. To E/P _____

TRIPLE DIANETICS

Dianetics, Secondaries & Engrams run Triple R3R to full E/P of "A well and happy human being".
(Commands per HCO B 8.3.71 Issue II Precision Dianetics The Commands of R3R.) To E/P _____

LEVEL 0 TRIPLE

STEP ONE: AUD-PC CLEARANCE

OOF-A1 What are you willing to talk to me about?
What would you like to tell me about
that? To E/P _____

OOF-A2 What are you willing for me to talk to
you about?
What would you like me to tell you about
that? To E/P _____

STEP TWO: O-O

OOF-1 What are you willing for another to talk
to you about?
What would you like him/her to tell you
about that? To E/P _____

OOF-2 What are you willing to talk to another
about?
What would you like to tell another about
that? To E/P _____

OOF-3 What are you willing for another to talk
to others about?
What would you like him/her/them to tell
others about that? To E/P _____

STEP THREE - OA

Auditor chooses person by making a canned list of people
it would be difficult to talk to or listen to and taking each
item in turn. (Ref: HCO B 26/12/64 "O-A Expanded")

OA F-1 If _____ could talk to you what would he
talk about?
Alright, if he were talking to you about that
what would he/she say exactly? To E/P _____

OA F-2 If you could talk to _____ what would you
talk about?
Alright if you were talking to _____
about that what would you say exactly?
(pc is expected to speak as tho' talking
to the subject chosen.) To E/P _____

OA F-3 (Auditor chooses 2 people who would have
difficulty talking to each other.)
If _____ could talk to _____ what would
he/she/they talk about?
Alright, if _____ was talking to _____
about that what would he/she/they say
exactly? To E/P _____

STEP FOUR - OB

(Per HCO B 11/12/64 Zero Processes)

- OB F-1 (Auditor makes a canned list and chooses subject pc wd find it difficult to hear another talk about.)
What are you willing to have someone else tell you about _____?
Who else could he/she say those things to? To E/P _____
- OB F-2 (Aud makes a canned list and chooses subject pc wd have difficulty talking about.)
What are you willing to tell me about _____?
Who else could you say those things to? To E/P _____
- OB F-3 (Auditor makes a canned list and chooses subject pc would have difficulty having others discuss.)
What are you willing to have someone tell others about _____?
Who else could another say those things to? To E/P _____

Havingness:

- OH F1: What solid could you understand? To E/P _____
- OH F2: What solid could another understand. To E/P _____
- OH F3: What solid could another get others to understand. To E/P _____

LEVEL ONE TRIPLE

- 1-F1 What problem have you had with someone?
What solutions have you had for that problem? To E/P _____
- 1-F2 What problem has another had with you?
What solutions has another had for that problem? To E/P _____
- 1-F3 What problem has someone had with another?
What solutions have they had for that problem? To E/P _____

Havingness:

- IH F1 a. Point out something desirable. To E/P _____
- IH F2 a. Point out something another would find desirable. To E/P _____

IH F3 a. Point out something another could get
others to desire. To E/P _____

LEVEL 2 TRIPLE

2-F1 What has another done to you?
What has another withheld from you? To E/P _____

2-F2 What have you done to another?
What have you withheld from another? To E/P _____

2-F3 What has another done to another?
What has another withheld from another? To E/P _____

Havingness:

2H F1 Tell me a flow you could be interested
in. To E/P _____

2H F2 Tell me a flow another would be interested
in. To E/P _____

2H F3 Tell me a flow another could get others
interested in. To E/P _____

LEVEL THREE TRIPLE

(Per HCO B 6 August 1968 R-3-H)

NOTE: You can't learn Grade III by rote. You have to
know its mechanics and the bank, and the relationship of change
to ARC Breaks.

3-F1 Locate a change in pcs life by listing to
ED F/N "What change has happened in your
Life?"
Using that Period get it dated, get some of
the data of it so you know what the change
was. Get the pos ARC Bk connected with the
change and do ARCU-CDEI earlier similar to
F/N Cog VGIs. To E/P _____

3-F2 List to ED F/N item: What change has
happened in another's life? Do same
steps as above, as applied to THAT
PERSON. To E/P _____

3-F3 List to ED F/N item: What Change has
happened in others lives? As above,
applied to OTHERS. There MAY BE MORE
THAN ONE ARC BK. HANDLE THEM ALL. To E/P _____

Havingness:

3H F1: What is unknown about that (room
object)? To E/P _____

3H F2: What doesn't another know about that (room object)? To E/P _____

3H F3: What about that (room object) could someone make unknown to others. To E/P _____

LEVEL FOUR TRIPLE

4 F-1 List to BD F/N item "In this Lifetime what does another use to make you wrong?" Despite BD F/N on item, put it into brackets as below (unless pc says it has blown totally on Listing. If in doubt, run the brackets.)

1. In this lifetime how would _____ (ser fac) make another right?
2. In this L/T how would _____ make you wrong?
3. In this L/T how would _____ help another escape domination?
4. In this L/T how would _____ help another dominate you?
5. In this L/T how would _____ aid others survival?
6. In this L/T how would _____ hinder your survival? To E/P _____

4 F-2 List to BD F/N item: "In this Lifetime what do you use to make others wrong?"

1. In this L/T how would _____ make you right?
2. In this L/T how would _____ make others wrong?
3. In this L/T how would _____ help you escape domination?
4. In this L/T how would _____ help you to dominate others?
5. In this L/T how would _____ aid your survival?
6. In this L/T how would _____ hinder the survival of others? To E/P _____

4 F-3 List, "In this lifetime what does another use to make others wrong?" BD F/N Item.

Run it in:

1. In this lifetime how would _____ make another make himself right?
2. In this lifetime how would _____ let another make others wrong?
3. In this lifetime how would _____ help another escape domination?
4. In this lifetime how would _____ help another dominate others?

5. In this lifetime how would _____ aid
another's survival?
6. In this lifetime how would _____ hinder
the survival of others? To E/P _____

Havingness:

- 4H F1 Tell me a flow you know something about. To E/P _____
- 4H F2 Tell me a flow another could know
something about. To E/P _____
- 4H F3 Tell me a flow someone could get others
to know about. To E/P _____

HCO B Revised by Dept 12
C/S and incorporating
advices of LRH

for

L. RON HUBBARD
FOUNDER

LRH:RL:nt
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